

Talent Report JOHN SPORTEE

age: 9 years | place: NZ Demo Camp Wanaka | date: 02. 09. 2019

Discipline	Performance	Skill	Evaluation levels compared to your child's peers
1. Height	135 cm	height	small 🗸 medium 📗 tall
2. Capture the flag	3 pts	game overview	low
3. 30m sprint	5.8 s	speed	75 %
4. Long jump / Triple jump	130 cm	explosiveness	41 %
5. Basketball throw	420 cm	power	73 %
6. 500/1000m run	2 min 40 s	aerobic capacity	38 %
7. Coordination test	35 s	coordination	27 %
8. The Stork	25 s	balance	89 %
9. Bend forward	15 cm	flexibility	99 %

Individual evaluation — your child's results ---average results of peers of the same age and sex Long jump Relation Coordination

Dominant Physical Skill ✓ speed ─ power ─ endurance ─ coordination Tactical Skills ─ low ─ medium ✓ high

Description of strengths

Strength: SPEED

Speed is a basic but very important attribute in all athletes. It is the ability to perform motion (up to 20 seconds) with no or low resistance as fast as possible. Speed development is a very difficult training task because it mostly depends on an athlete's natural predispositions.

Tactical skills

Good tactical skills are necessary for sports where lots of players are on the field. You need to have good vision, good read of a situation and be able to make quick decisions. Tactical skills are important in 1 on 1 sports also, like tennis, where it is necessary to analyze the position of the other player and prepare how and where to play the ball.

Thanks to our partners for their support

