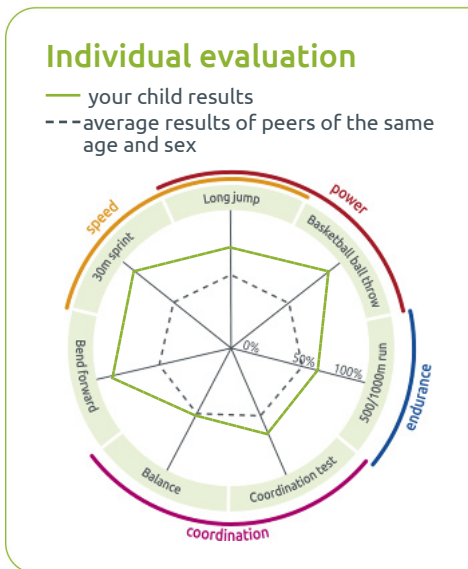


# Talent Report

## MICHAEL MASSYN

age: 15 years | gender: boy | place: Green Point Test | date: "21/04/2018"

Discipline	Performance	Skill	Evaluation levels compared to your child's peers
1. Height	180 cm	height	<input type="checkbox"/> small <input checked="" type="checkbox"/> medium <input type="checkbox"/> tall
2. Capture the flag	2 pts	game overview	<input type="checkbox"/> low <input checked="" type="checkbox"/> medium <input type="checkbox"/> high
3. 30 m sprint	4.6 s	speed	<div style="width: 91%;"><div style="width: 91%;"></div></div> 91 %
4. Long jump / Triple jump	676 cm	explosiveness	<div style="width: 74%;"><div style="width: 74%;"></div></div> 74 %
5. Basketball ball throw	948 cm	power	<div style="width: 91%;"><div style="width: 91%;"></div></div> 91 %
6. 500/1000m run	4 min 17 s	aerobic capacity	<div style="width: 65%;"><div style="width: 65%;"></div></div> 65 %
7. Vault test	22.1 s	coordination	<div style="width: 68%;"><div style="width: 68%;"></div></div> 68 %
8. One-leg standing	13.7 s	balance	<div style="width: 56%;"><div style="width: 56%;"></div></div> 56 %
9. Bend forward	11 cm	flexibility	<div style="width: 88%;"><div style="width: 88%;"></div></div> 88 %



- ### Dominant Physical Skill
- speed
  - power
  - endurance
  - coordination
- ### Tactical skills
- low
  - medium
  - high

### Description of strengths

**Strength: SPEED**  
Speed is the basic and most important conditioning of every athlete. It is the ability to perform motion (up to 20 seconds) with no or low resistance as fast as possible. Speed development is very difficult training task, because it most depends on athlete's natural predispositions.

**Tactical skills**  
Good tactical skills are necessary for sport games, where more players are on the field. You need to have good vision, good read of situation and quick decision. Tactical skills are important as well for 1 to 1 sports like tennis where is necessary to analyze position of other player and prepare how and where play to ball

Thanks to our partners for their support

